

Mission Statement

Ocean Way Mental Health Agency will value each person it serves as a unique individual with the capacity for personal growth, change and development. All individuals shall be treated with the respect and dignity they deserve, and assisted in reaching their personal potential. Most importantly, OWMHA shall recognize each consumer's voice and respect their choices. OWMHA will provide high-quality mental health services and preserve its quality as a company through its reputation and sound business practices.

OWMHA is designed and managed to work directly with consumers in promoting their wellbeing through provision of high-quality mental health care. We will hold their confidentiality to the highest of standards. All staff within OWMHA will utilize psychosocial rehabilitation principles and practices.

OWMHA is licensed by the Maine Department of Health and Human Services. OWMHA does not discriminate on the basis of race, color, gender, sexual orientation or national or ethnic origin, in its admissions, activities or employment practices.

Laurie Tardiff, President
Ocean Way Mental Health Agency



Our Philosophy

Our team works with clients based on their individuality, their choices and an Individualized Support Plan (ISP) created by a collaborative team of qualified mental health professionals. Most importantly, the client's ISP is developed at the request of the individual desiring our services.

Ocean Way Mental Health Agency serves individuals in Knox, Lincoln and Waldo counties. Please feel free to access a referral form at:

www.oceanwaycommunity.com

or call our office at (207) 354-8184

Crisis Hotline (1-888-568-1112)

Ocean Way Mental Health Agency



Please visit our website:

www.oceanwaycommunity.com

Email us!

owmha@hotmail.com

Phone: 207-354-8184

Fax: 207-354-0487



Our Staff

Our staff includes Case Managers and Daily Living Support Specialists who work under the supervision of our Clinical Director. All staff are Certified Mental Health Rehabilitation Technicians (MHRT) who receive ongoing training and supervisory support.

Team Approach

Every individual we serve is treated with dignity and respect, and plays a key role in developing his or her own plan. Clients get to choose who they want on their team and our staff will work with this team to assist the client in pursuing the goals they have chosen. OWMHA staff will work collaboratively with community providers and mental health professionals to ensure that needs are met and that there is continuity and quality in the care provided.

Teams may consist of individuals chosen by the client and may include family members, advocates, doctors, psychiatrists, therapists, case managers, direct support staff, or other individuals selected by the client. Teams are involved in the development and revision of Individual Support Plans every 90 days, or more often depending on the client's needs.

Our Values

We promote independence in each individual. We begin by recognizing all of the issues a client may be facing, the inner strengths the client possesses, and their desire to have a better life. We help the individual to formulate an achievable plan that is specific to him or her. We value safety and skill-building, and the development of relationships within the community.

Services We Provide

Case Management- Case Managers, sometimes called Community Support Workers, meet with clients and help develop an Individual Support Plan that identifies the client's goals and action steps to reach those goals. The ISP also identifies who is responsible for the action steps and measures progress. Case Managers and clients receiving services meet on average once or twice per week.

Daily Living Support Services- For those clients who may need more consistent and ongoing support, Daily Living Support Specialists work with them for up to several hours per day. Typical goals for the DLSS may include the development of coping skills to deal with symptoms, household management, community integration, and/or budgeting and financial management, among other things. DLSS staff work collaboratively with Case Managers on goals identified in the client's plan.

We take great pride in the quality of our services. We are a team of mental health professionals who are eager to listen, teach and advocate for all of our clients' individual mental health, spiritual, cultural and physical needs.

A Little History

Ocean Way Mental Health Agency is a relatively new agency; however, the owner and President has 25 years of experience in hospital and community services, and currently owns and has operated two licensed residential facilities for the past 17 years. Village Soup honored these facilities as the "Best of the Best" for the past two years. Ocean Way Mental Health Agency continues to grow and add services as mental health services evolve.

Who We Serve

Ocean Way Mental Health Agency currently provides services to men and women, 18-70 years of age with a major mental health diagnosis that may include, among others:

- Depression
- Schizophrenia
- Mood disorders, including Bi-polar and Depressive Disorders
- Post-Traumatic Stress Disorders
- Substance-related Disorders
- Anxiety Disorders
- Co-occurring Disorders

We serve individuals living in the community independently or with others, people in facilities, people coming out of the hospital or who are leaving jail, and people with behavioral or legal issues who meet eligibility criteria.

We will consider all referrals and individuals in need. We welcome self-referrals. Please visit our website or call us at 354-8184.

We support and encourage the use of our Community Mental Health Warm-Line at:

(207-594-2541)